

Horowhenua SuperGrants trading as:

**Skills4Living**  
Whānau Tautoko



# Registration Form

Please return your completed form to: **8 Bath Street, Levin, 5510**  
or email: [info@skills4living.co.nz](mailto:info@skills4living.co.nz)

Date of registration: \_\_\_\_\_ First name: \_\_\_\_\_ Surname: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Gender: M F DOB: \_\_\_\_\_ Ethnicity: \_\_\_\_\_

Emergency contact name and number: \_\_\_\_\_

How did you hear about Skills4Living? \_\_\_\_\_

Start with one or two identified life skills from the guide below.

Reviews will identify further life skill development work which will be built into the plan.

Life skill area / personal development	Yes or No	Life skill area / personal development	Yes or No
<b>Budgeting</b> -basic budgeting -getting on top of debt (referral to budget service) -saving		<b>Positive Parenting strategies – Skills4Living offers Incredible years programme</b>	
<b>Cooking</b> -On a budget -For health -For children -baking -main meals -other		<b>Household routines / management</b> -am/pm -time management -daily duties / organisation -cleaning -hygiene -making your own cleaning products	
<b>Menu Planning</b> -school lunches -main meals		<b>Gardening</b> -veges -general gardening	
<b>Shopping</b> -on a budget -for one or a family -menu planning		<b>Sewing / mending / altering / knitting / crochet</b>	
<b>Understanding systems and services</b> -benefits, courts, fines, CYF		<b>Other-learning and using technology, basic home repairs</b>	
<b>Registration for a Skills4Living Workshop</b> <ul style="list-style-type: none"> <li>• Cooking</li> <li>• Workforce Development</li> <li>• Craft</li> <li>• Crochet</li> <li>• Sewing</li> </ul>		<b>Notes:</b> ----- ----- ----- ----- -----	